



[Click for Consultation](#)

‘HELA WELLNESS’ NATURAL THERAPIES

For Mental Stress and Physical Pain
Traditional Natural Hela Treatments



[Click for Consultation](#)

'TOWARD A HEALTHY LIFE' TREATMENTS

SPECIALIZED TRADITIONAL TREATMENTS
FOR CHRONIC DISEASES
AND BODY PURIFICATION (DETOX)



[Click for Consultation](#)

‘Cooling Calm For a Restful Sleep

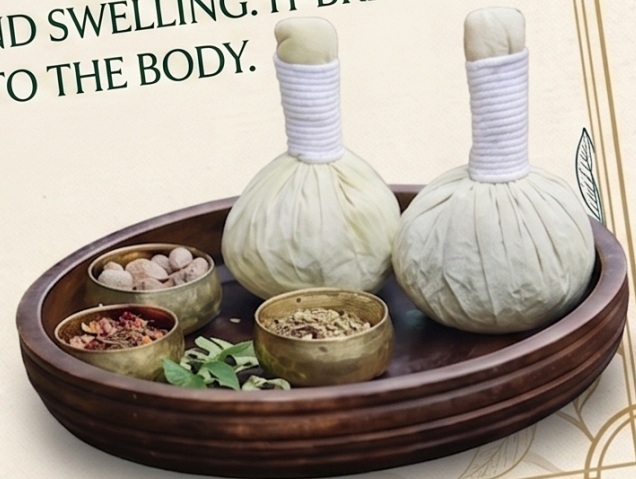
Experience cooling calm and serene relaxation
to achieve deep mental and physical rest.

[Click for Consultation](#)

JOINT INFLAMMATION AND KNEE/MUSCLE PAINS

AYURVEDIC MASSAGE

HEAT AND MEDICINAL PINDA SWEDA
RELIEVE JOINT PAIN AND SWELLING. IT BRINGS
COMFORT TO THE BODY.



[Click for Consultation](#)

PSORIASIS & PHLEGM DISEASES

(Panchakarma Treatment)



Full Body Purification / Detox
Full Body Purification / Detox



Hearty/ Improve Immunity
Improve Immunity



Balance of Doshas
Balance of Doshas



Mental Relief
Mental Relief



wellness